

Ten Commandments of Love

- Give 100%.
- Treat your partner as the unique individual that he/she truly is.
- Stay connected through word and deed.
- Accept change and support growth in yourself and your partner.
- Live your love.
- Share the love, fear, work, and play.
- Listen to your mate.
- Honor the subtle wisdom of the heart and listen to the powerful insights of the mind.
- Do not be a jerk or a nag.
- Integrate the purity of spiritual love with the passion of physical love and the power of emotional love.